



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

October 12 – December 19, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
7:00-8:15am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	7:00-8:00am Lap Swim / Exercise	7:00-8:15am Lap Swim / Exercise	
8:30-9:15am Aquatic Aerobics	8:15-8:45am Aqua H.I.I.T.	8:00-8:45am Aqua Barre	8:15-8:45am Aqua Zumba®	8:30-9:15am Aquatic Aerobics	8:30-10:00am Private Lessons *Lap Lanes OPEN
9:15-10:00am Lap Swim/ Exercise	9:00-9:45am Deep Water Fitness	9:00-10:00am Lap Swim/ Exercise	9:00-9:45am Deep Water Fitness	9:15-10:00am Lap Swim/ Exercise	
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-11:30am Group Swim Lessons *Lap Lanes OPEN
10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	10:30am-12:00pm POOL CLOSED	
					11:30-12:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-3:30pm OPEN SWIM
2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	
3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-4:00pm OPEN SWIM	3:00-5:00pm OPEN SWIM	
4:00-5:00pm Private/Semi- Private Lessons *Lap Lanes OPEN	4:00-5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	4:00-5:00pm Private/Semi- Private Lessons *Lap Lanes OPEN	4:00-5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	5:00-6:00pm OPEN SWIM	
5:00-6:00pm Aqua H.I.I.T. + Private Lessons *Lap Swim/Lanes CLOSED	5:00-6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED	5:00-6:00pm Aqua H.I.I.T.+ Private Lessons *Lap Swim/Lanes CLOSED	5:00-6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED	5:00-6:00pm 2 Lap Lanes CLOSED For Swim Team Workouts	
6:00-7:30pm Swim Team Practice POOL CLOSED	6:00-7:30pm Swim Team Practice POOL CLOSED	6:00-7:30pm Swim Team Practice POOL CLOSED	6:00-7:30pm Swim Team Practice POOL CLOSED	6:00-7:30pm Swim Team Practice POOL CLOSED	

WARREN COUNTY YMCA

700 West Harlem Avenue, Monmouth, IL 61462

P 309 734 3183 F 309 734 7347 warrencountyyymca.org