



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

WARREN COUNTY YMCA

September 14 – October 14, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15–6:30am Y WALK	5:15–7:00am Y WALK	5:15–6:30am Y WALK	5:15–7:00am Y WALK	5:15–6:30am Y WALK	
6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00–10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00–10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball)	
8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball)	8:00–4:00pm OPEN GYM
	10:00–11:00am OPEN GYM		10:00–11:00am OPEN GYM		
10:30–12:00pm OPEN GYM		10:30–12:00pm OPEN GYM		10:30–12:00pm OPEN GYM	
12:00–2:00pm Noon Ball GYM CLOSED	11:00–1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00–2:00pm Noon Ball GYM CLOSED	11:00–1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00–2:00pm Noon Ball GYM CLOSED	
2:00–8:00pm OPEN GYM	1:00–8:00pm OPEN GYM	2:00–8:00pm OPEN GYM	1:00–8:00pm OPEN GYM	2:00–6:15pm OPEN GYM	
				6:15–8:00pm GYM CLOSED Special Needs Athletic Program (SNAP)	

Pickleball Info*

Level A – High Competition. Consistently hit drives with pace. Use both Forehand/Backhand. Exhibit basic strategy. Communicates well with partners. Plays M/W/F – 6:30–8:30am & T/TH – 11:00–1:00pm

Level B – Have a good grasp of fundamentals but may lack consistency in strokes and strategy.
Plays M/W/F 8:30–10:30am

Level C – True Beginners. Players with limited or no experience, who can maintain short rallies.
Plays T/TH 7:00–10:00am

WARREN COUNTY YMCA

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