



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

WARREN COUNTY YMCA TINY TUMBLING FALL CLASS SCHEDULE

ALL CLASSES ARE ONCE A WEEK AND RUN FOR 2 MONTHS PER SESSION

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	LEVEL 2 4:30 - 5:00 PM		LEVEL 1 4:30 - 5:00 PM	LEVEL 2 4:30 - 5:00 PM
	LEVEL 3 5:15-6:00 PM			LEVEL 3 5:15-6:00 PM





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Tumbling Classes

Level 1 - This class is designed for children **ages 3–5 years old. Pre-School**, those who have NOT gone to school yet. Participants will continue building foundational gymnastics skills, practicing forward and backward rolls. They'll also develop strength and coordination through supported vertical skills like handstands, cartwheels, and bridges.

Members \$60 Non-members \$90

Level 2 - This 30-minute class is designed for children in **Kindergarten through 1st grade, ages 5-7**. Students will strengthen foundational gymnastics skills while adding new techniques that build balance, upper body strength, and core control. These skills prepare them to progress into power tumbling basics such as limbering and roundoffs.

Members \$60 Non-members \$90

Level 3 - This class is designed for children in **2nd and 3rd grade, ages 6-8**. Students will continue strengthening foundational skills and advancing their technique. They'll also begin preparing for connected skills such as back handsprings, building confidence and strength for more advanced tumbling.

Members \$75 Non-members \$95

Class levels are based on age, grade and skills. For more information contact Staci at staci@warrencountymca.org

**All classes run for 2 months. Registration starts on the 15th before each session.
For more information contact Staci at 309-734-3183 or via email
staci@warrencountymca.org**

Warren County YMCA, 700 West Halem Avenue, Monmouth, IL 61462

