



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

WARREN COUNTY YMCA

March 21 – May 2, 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|
| 5:15–6:30am Y WALK | 5:15–7:00am Y WALK | 5:15–6:30am Y WALK | 5:15–7:00am Y WALK | 5:15–6:30am Y WALK | |
| 6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball) | 7:00–10:00am Pickleball Level C (OPEN GYM if No Pickleball) | 6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball) | 7:00–10:00am Pickleball Level C (OPEN GYM if No Pickleball) | 6:30–8:30am Pickleball Level A (OPEN GYM if No Pickleball) | |
| 8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball) | | 8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball) | | 8:30–10:30am Pickleball Level B (OPEN GYM if No Pickleball) | 8:00–12:15pm Youth Volleyball Clinics GYM CLOSED |
| | 10:00–11:00am OPEN GYM | | 10:00–11:00am OPEN GYM | | <u>NO Volleyball Clinics on Saturday, April 4th</u> OPEN GYM 8:00–12:15pm |
| 10:30–12:00pm OPEN GYM | | 10:30–12:00pm OPEN GYM | | 10:30–12:00pm OPEN GYM | |
| 12:00–2:00pm Noon Ball GYM CLOSED | 11:00–1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here) | 12:00–2:00pm Noon Ball GYM CLOSED | 11:00–1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here) | 12:00–2:00pm Noon Ball GYM CLOSED | 12:15–4:00pm OPEN GYM |
| 2:00–8:00pm OPEN GYM | 1:00–8:00pm OPEN GYM | 2:00–8:00pm OPEN GYM | 1:00–8:00pm OPEN GYM February 19 | 2:00–6:15pm OPEN GYM | |
| | | | 1:00–6:30pm OPEN GYM | 6:15–8:00pm GYM CLOSED Special Needs Athletic Program | |
| | | | ADULT VOLLEYBALL LEAGUE Starting on February 26 GYM CLOSSES AT 6:30pm | | |

Pickleball Info*

Level A – High Competition. Consistently hit drives with pace. Use both Forehand/Backhand. Exhibit basic strategy. Communicates well with partners. Plays M/W/F – 6:30–8:30am & T/TH – 11:00–1:00pm

Level B – Have a good grasp of fundamentals but may lack consistency in strokes and strategy. Plays M/W/F 8:30–10:30am

Level C – True Beginners. Players with limited or no experience, who can maintain short rallies. Plays T/TH 7:00–10:00am

WARREN COUNTY YMCA

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