



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

WARREN COUNTY YMCA

February 16 – March 20, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15-6:30am Y WALK	5:15-7:00am Y WALK	5:15-6:30am Y WALK	5:15-7:00am Y WALK	5:15-6:30am Y WALK	
6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00-10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00-10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	
8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)	8:00-4:00pm OPEN GYM
	10:00-11:00am OPEN GYM		10:00-11:00am OPEN GYM		<u>GYM CLOSED ALL DAY ON FEBRUARY 28</u>
10:30-12:00pm OPEN GYM		10:30-12:00pm OPEN GYM		10:30-12:00pm OPEN GYM	<u>FATHER/DAUGHTER DANCE</u>
12:00-2:00pm Noon Ball GYM CLOSED	11:00-1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00-2:00pm Noon Ball GYM CLOSED	11:00-1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00-2:00pm Noon Ball GYM CLOSED	
2:00-8:00pm OPEN GYM	1:00-8:00pm OPEN GYM	2:00-8:00pm OPEN GYM	1:00-8:00pm OPEN GYM February 19	2:00-6:15pm OPEN GYM	
			1:00-6:30pm OPEN GYM February 26	6:15-8:00pm GYM CLOSED Special Needs Athletic Program	
			ADULT VOLLEYBALL LEAGUE Starting on February 26 GYM CLOSSES AT 6:30pm		

## Pickleball Info\*

**Level A – High Competition. Consistently hit drives with pace. Use both Forehand/Backhand. Exhibit basic strategy. Communicates well with partners. Plays M/W/F – 6:30-8:30am & T/TH – 11:00-1:00pm**

**Level B – Have a good grasp of fundamentals but may lack consistency in strokes and strategy. Plays M/W/F 8:30-10:30am**

**Level C – True Beginners. Players with limited or no experience, who can maintain short rallies. Plays T/TH 7:00-10:00am**

WARREN COUNTY YMCA

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