



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



**WARREN COUNTY YMCA  
TINY TUMBLING  
CLASS SCHEDULE**

**ALL CLASSES ARE ONCE A WEEK AND RUN FOR 2 MONTHS PER SESSION**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<b>PARENT TOT 4:30 - 5:00 PM</b>	<b>LEVEL 2 4:30 - 5:00 PM</b>	<b>INTRO TO CHEER 4:00 - 5:00 PM</b>	<b>PARENT TOT 4:30 - 5:00 PM</b>	<b>LEVEL 2 4:30 - 5:00 PM</b>
<b>LEVEL 1 5:15 - 5:45 PM</b>	<b>LEVEL 3 5:15-6:00 PM</b>		<b>LEVEL 1 5:15 - 5:45 PM</b>	<b>LEVEL 3 5:15-6:00 PM</b>





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## **Tumbling Classes**

**Parent Tot Tumbling** - This class is designed for children ages walking to 2 years, with the support of a parent or trusted guardian. Participants are guided by trained staff while learning foundational gymnastics skills such as forward and backward rolls. Children also build strength and coordination, developing upper body and forearm support for fun upside down movements. **Members \$60 Nonmembers \$90**

**Level 1** - This class is designed for children ages 3–4 years old. (Pre-School) Participants will continue building foundational gymnastics skills, practicing forward and backward rolls. They'll also develop strength and coordination through supported vertical skills like handstands, cartwheels, and bridges.

**Members \$60 Nonmembers \$90**

**Level 2** - This 30 minute class is designed for children in kindergarten through 1st grade. Students will strengthen foundational gymnastics skills while adding new techniques that build balance, upper body strength, and core control. These skills prepare them to progress into power tumbling basics such as limbering and roundoffs.

**Members \$60 Nonmembers \$90**

**Level 3** - This class is designed for children in 2nd and 3rd grade. Students will continue strengthening foundational skills and advancing their technique. They'll also begin preparing for connected skills such as back handsprings, building confidence and strength for more advanced tumbling. **Members \$75 Nonmembers \$95**

**Inro to Cheer** - This class is designed for 4th - 6th grade students. In this class we will focus on tumbling, jumps and basic moves need for future cheer experiences. This group will have opportunities to cheer at local events **Members \$75 Nonmembers \$95**

**All classes run for 2 months. Registration starts on the 15th before each session.**

**For more information contact Staci at 309-734-3183 or via email**

**[staci@warrencountymca.org](mailto:staci@warrencountymca.org)**



**Warren County YMCA, 700 West Halem Avenue, Monmouth, IL 61462**