



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAUNA SCHEDULE

WARREN COUNTY YMCA

January 5 – May 30, 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 5:30–10:30am SAUNA OPEN | 5:30–10:30am SAUNA OPEN | 5:30–10:30am SAUNA OPEN | 5:30–10:30am SAUNA OPEN | 5:30–10:30am SAUNA OPEN | |
| | | | | | 8:30–11:30pm SAUNA OPEN |
| 10:30–12:00pm SAUNA CLOSED | 10:30–12:00pm SAUNA CLOSED | 10:30–12:00pm SAUNA CLOSED | 10:30–12:00pm SAUNA CLOSED | 10:30–12:00pm SAUNA CLOSED | |
| | | | | | 11:30–12:00pm SAUNA CLOSED |
| 12:00–2:00pm SAUNA OPEN | 12:00–2:00pm SAUNA OPEN | 12:00–2:00pm SAUNA OPEN | 12:00–2:00pm SAUNA OPEN | 12:00–2:00pm SAUNA OPEN | 12:00–3:30pm SAUNA OPEN |
| 2:00–3:00pm SAUNA CLOSED | 2:00–3:00pm SAUNA CLOSED | 2:00–3:00pm SAUNA CLOSED | 2:00–3:00pm SAUNA CLOSED | 2:00–3:00pm SAUNA CLOSED | |
| 3:00–7:30pm SAUNA OPEN | 3:00–7:30pm SAUNA OPEN | 3:00–7:30pm SAUNA OPEN | 3:00–7:30pm SAUNA OPEN | 3:00–7:30pm SAUNA OPEN | |

Please note: The Sauna is only open when the Indoor Pool is open, and a lifeguard is on duty.

WARREN COUNTY YMCA

700 West Harlem Avenue, Monmouth, IL 61462

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