

## **GYM SCHEDULE**

## **WARREN COUNTY YMCA**

December 5-December 20, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15-6:30am Y WALK	5:15-7:00am Y WALK	5:15-6:30am Y WALK	5:15-7:00am Y WALK	5:15-6:30am Y WALK	
6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00-10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	7:00-10:00am Pickleball Level C (OPEN GYM if No Pickleball)	6:30-8:30am Pickleball Level A (OPEN GYM if No Pickleball)	8:00-1:15pm GYM CLOSED Youth Basketball Leagues December 6 & 13
8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)		8:30-10:30am Pickleball Level B (OPEN GYM if No Pickleball)	1:15-4:00pm OPEN GYM December 6 & 13
	10:00-11:00am OPEN GYM		10:00-11:00am OPEN GYM		
10:30-12:00pm OPEN GYM		10:30-12:00pm OPEN GYM		10:30-12:00pm OPEN GYM	
12:00-2:00pm Noon Ball GYM CLOSED	11:00-1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00-2:00pm Noon Ball GYM CLOSED	11:00-1:00pm Pickleball Level A (OPEN GYM if Pickleball is not here)	12:00-2:00pm Noon Ball GYM CLOSED	8:00-4:00pm OPEN GYM December 20
2:00-8:00pm OPEN GYM	1:00-8:00pm OPEN GYM	2:00-8:00pm OPEN GYM	1:00-4:45pm OPEN GYM	2:00-6:15pm OPEN GYM	
			4:45-6:00pm 1/2 OPEN GYM 1/2 Youth Strength Training		
			6:00-6:30pm OPEN GYM	6:15–8:00pm GYM CLOSED Special Needs Athletic Program	
			6:30-8:00pm GYM CLOSED Adult Volleyball		

Pickleball Info\*

Level A – High Competition. Consistently hit drives with pace. Use both Forehand/Backhand. Exhibit basic strategy. Communicates well with partners. Plays M/W/F - 6:30-8:30am & T/TH - 11:00-1:00pm

Level B - Have a good grasp of fundamentals but may lack consistency in strokes and strategy. Plays M/W/F 8:30-10:30am

Level C – True Beginners. Players with limited or no experience, who can maintain short rallies. Plays T/TH 7:00-10:00am

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