

INDOOR POOL SCHEDULE (1 WEEK SCHEDULE)

WARREN COUNTY YMCA

August 25 - August 30, 2025 - NO SWIM LESSONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim					
7:00-9:00am Lap Swim / Exercise	7:00-9:00am Lap Swim / Exercise	7:00-10:00am Lap Swim / Exercise	7:00-9:00am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	
				8:00-8:45am Aqua Aerobics	
					8:30-10:00pm Lap Swim / Exercise
9:00-9:45am Aqua Aerobics	9:00-9:45am Aqua Zumba®		9:00-9:45am Aqua Zumba®	9:00-10:30am OPEN SWIM	
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM		10:00-11:30am OPEN SWIM
10:30am- 12:00pm POOL CLOSED					
					11:30-2:00pm POOL CLOSED
12:00-2:00pm Lap Swim / Exercise					
2:00-3:00pm POOL CLOSED					
3:00-5:00pm Lap Swim/Exercise	3:00-7:30pm OPEN SWIM	3:00-5:00pm Lap Swim/Exercise	3:00-7:30pm OPEN SWIM	3:00-6:30pm OPEN SWIM	
5:00-5:45pm Aqua H.I.I.T.		5:00-6:00pm Aqua H.I.I.T.			
6:00-7:30am OPEN SWIM		6:00-7:30am OPEN SWIM			



INDOOR POOL SCHEDULE (SHUT DOWN WEEK SCHEDULE)

WARREN COUNTY YMCA CLOSES EARLY EACH DAY THIS WEEK
September 1 – September 6, 2025 – SHUT DOWN WEEK (No Lessons/Classes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
YMCA	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
	7:00-9:00am Lap Swim / Exercise	7:00-9:00am Lap Swim / Exercise	7:00-9:00am Lap Swim / Exercise	7:00-9:00am Lap Swim / Exercise	
CLOSED					8:30-10:00pm Lap Swim / Exercise
	9:00-10:30am OPEN SWIM	9:00-10:30am OPEN SWIM	9:00-10:30am OPEN SWIM	9:00-10:30am OPEN SWIM	
FOR					10:00-11:30a OPEN SWIM
	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	
LABOR					11:30-2:00pr POOL CLOSED
	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	YMCA CLOSES @2pm
DAY	2:00-3:00pm POOL CLOSED	2:00-3:30pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	
	3:00-7:30pm OPEN SWIM	YMCA CLOSES @4pm	3:00-7:30pm OPEN SWIM	3:00-6:30pm OPEN SWIM	
	YMCA CLOSES @5pm		YMCA CLOSES @5pm	YMCA CLOSES @5pm	