

SAUNA SCHEDULE

WARREN COUNTY YMCA

June 1 – August 30, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-10:30am	5:30-10:30am	5:30-10:30am	5:30-10:30am	5:30-10:30am	
SAUNA OPEN					
					8:30-11:30pm SAUNA OPEN
10:30-12:00pm	10:30–12:00pm	10:30-12:00pm	10:30-12:00pm	10:30-12:00pm	
SAUNA CLOSED					
12:00-2:00pm	12:00-2:00pm	12:00-2:00pm	12:00-2:00pm	12:00-2:00pm	
SAUNA OPEN					
2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	
SAUNA CLOSED					
3:00-7:30pm	3:00-7:30pm	3:00-7:30pm	3:00-7:30pm	3:00-6:30pm	
SAUNA OPEN					

Please note: The Sauna is only open when the Indoor Pool is open, and a lifeguard is on duty.