



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

June 1 – June 30, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	5:30–7:00am Adult Lap Swim	
7:00–7:45am Lap Swim / Exercise	7:00–8:45am Lap Swim / Exercise	7:00–8:45am Lap Swim / Exercise	7:00–7:45am Aquatic H.I.I.T.	7:00–7:45am Lap Swim / Exercise	
8:00–8:45am Aqua Aerobics		8:00–8:45am Aqua Aerobics	8:00–8:45am Lap Swim / Exercise	8:00–8:45am Aqua Aerobics	8:30–10:00pm Private Lessons/ Lap Swim
9:00–10:00am Lap Swim/ Exercise	9:00–9:45am Aqua Zumba®	9:00–10:00am Lap Swim/ Exercise	9:00–9:45am Aqua Zumba®	9:00–10:00am Lap Swim/ Exercise	
10:00–10:30am <b>OPEN SWIM</b>	10:00–10:30am <b>OPEN SWIM</b>	10:00–10:30am <b>OPEN SWIM</b>	10:00–10:30am <b>OPEN SWIM</b>	10:00–10:30am <b>OPEN SWIM</b>	10:00–11:30am Group Swim Lessons
10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	10:30am– 12:00pm POOL CLOSED	
					11:30–2:00pm POOL CLOSED
12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	12:00–2:00pm Lap Swim / Exercise	
2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	2:00–3:00pm POOL CLOSED	
3:00–4:00pm Lap Swim/Lessons	3:00–4:00pm <b>OPEN SWIM</b>	3:00–4:00pm Lap Swim/Lessons	3:00–4:00pm <b>OPEN SWIM</b>	3:00–6:30pm Lap Swim/Exercise	
3:00–5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00–5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00–5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN	3:00–5:00pm Private/Semi- Private Lessons *1 Lap Lane OPEN		
5:00–5:45pm Aquatic H.I.I.T.  *Lap Swim/Lanes CLOSED	5:00–6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED	5:00–6:00pm Aquatic H.I.I.T.  *Lap Swim/Lanes CLOSED	5:00–6:00pm Group Swim Lessons *Lap Swim/Lanes CLOSED		
			5:30–6:00pm Parent & Child Swim Class *Lap Swim/Lanes CLOSED		
6:00–7:30pm <b>OPEN SWIM</b>	6:00–7:30pm Lap Swim/Exercise	6:00–7:30pm <b>OPEN SWIM</b>	6:00–7:30pm Lap Swim/Exercise		

WARREN COUNTY YMCA

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