

YOUTH SWIM LESSONS WARREN COUNTY YMCA

Private/Semi-Private Lessons

Ages 3 & Up

Group Swim Lessons (up to 6 children per lesson) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons lessons around a busy schedule, we can accommodate you. If interested, call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis, Youth Development Director at ben@warrencountyymca.org for additional info.

Monday-Friday 3:00-7:00 p.m. (Depending on Instructor Availability) Saturday 8:30-10:30 a.m. (Depending on Instructor Availability)

Preschool Aged Swimming Lessons Ages 3-5 Years

Level 1: Beginner

This class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age and beginner skill level. Children will build their confidence and become more comfortable in the water.

<u>Tuesday: 5:00-5:30pm</u> <u>Thursday: 5:00-5:30pm</u>

Saturday: 11:00-11:30am

Level 2: Advanced Beginner

This class teaches children to swim further distances and helps children master swimming more often without the use of a float belt. Children will begin to develop coordinated strokes on the front and back. Children will start to become more independent in the water and more prepared for Intermediate level classes. Completion of Level 1 required.

Tuesday: 5:00-5:30pm Thursday: 5:00-5:30pm Saturday: 11:00-11:30am



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

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Older Student Swimming Lessons

Ages 6-12 Years

Level 3: Intermediate Beginner

This class is designed for older students, or advanced youngsters. This class focuses on gaining confidence in the water, floating and gliding on the front and back, as well as beginning basic stroke development skills and doing so while getting away from the use of float belts. No past swimming experience is necessary.

Tuesday: 5:30-6:00pm Saturday: 10:30-11:00am

Level 4: Advanced Intermediate

This classes teaches students to begin to perfect the front crawl with rhythmic breathing, as well as perfecting backstroke. They also start building endurance and coordination in the water. Successful completion of Level 3 is required.

Tuesday: 5:30-6:00pm Saturday: 10:30-11:00am

Level 5: Advanced

This class is designed to help intermediate and advanced level swimmers work together to complete goals. The class practices and reviews skills learned and mastered in Level 4 and helps students achieve even more advanced skills. Successful completion of Level 4 required.

<u>Thursday: 5:30-6:00pm</u> <u>Saturday: 10:30-11:00am</u>

Level 6: Swimming & Skills Proficiency

This class is designed to help children work together. This class practices and reviews all the skills learned in prior levels, as well as continues learning and advancement on even more advanced skills that lead towards future swim goals. Successful completion of Level 5 required.

Thursday: 5:30-6:00pm Saturday: 10:30-11:00am Session: Scan the QR code to Register ONLINE Group Lessons: Private Lessons: for Group Lessons. Call us at (Per Child & 2-Month Session) (Per Child & 2-Month Session) MAY-JUNE (309)734-3183 or register in person Members: \$55 Members: \$80 May 1 – June 29 for Private Lessons Non-Members: \$80 Non-Members: \$105 **Registration Open:** May 15, 2024