



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SAUNA SCHEDULE

WARREN COUNTY YMCA
 March 1 – April 30, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	5:30-10:30am SAUNA OPEN	
					8:30-11:30pm SAUNA OPEN
10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	10:30-12:00pm SAUNA CLOSED	
					11:30-12:00pm SAUNA CLOSED
12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-2:00pm SAUNA OPEN	12:00-3:30pm SAUNA OPEN
2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	2:00-3:00pm SAUNA CLOSED	
3:00-7:30pm SAUNA OPEN	3:00-7:30pm SAUNA OPEN	3:00-7:30pm SAUNA OPEN	3:00-7:30pm SAUNA OPEN	3:00-7:30pm SAUNA OPEN	

Please note: The Sauna is only open when the Indoor Pool is open and a lifeguard is on duty.