



## WARREN COUNTY YMCA NINJA CREW WORKSHOPS!

## **TUMBLING, GYMNASTICS, MARTIAL ARTS**

The Warren County YMCA Tumbling Center is happy to announce the return of Ninja Crew. Ninja Crew is an action packed class that combines tumbling, gymnastics, and martial art skills. Each class includes obstacle courses that develop precision, agility, and accuracy. This program will be offered as a workshop on the third Saturday of each month, with our first classes starting February 17th. There will be a class offered for 5 and 6 year olds and a second class for 7 and 8 year olds. See below for dates and times. Register now at the Warren County YMCA front desk. For more information, contact Staci at 309-734-3183 or by email at staci@warrencountyymca.org.

- Strength
- Flexibility
- FUN!!!

WHEN: THIRD SATURDAY OF EACH MONTH

AGE: 5-6 YEAR OLDS 9 AM TO 10 AM

**7-8 YEAR OLDS 10 AM TO 11 AM** 

COST: MEMBERS - \$15

**NON-MEMBERS - \$30** 

LOCATION: WARREN COUNTY YMCA

TUMBLING CENTER 400 S. MAIN ST. MONMOUTH, IL 309-734-3183

