

### Private/Semi-Private Lessons

Group swim lessons (up to 6 children) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons around a busy schedule, we can accommodate you. If interested, call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis – Youth Development Director at <a href="mailto:ben@warrencountyymca.org">ben@warrencountyymca.org</a> for additional info.

#### \*1 Month Session\*

Monday-Friday 3:00-6:00 p.m. (Depending on Instructor Availability) Saturday 8:30-12:00 p.m. (Depending on Instructor Availability)

### Parent & Child (ages 6 months – 3 years)

The YMCA Parent & Child Water Enrichment Program helps children explore and adjust to a water environment with their parents. It's a great way to spend quality time together! Songs, games and activities help parents promote a love and respect of the water.

Tuesday 5:20-5:50 p.m.

## Preschool Swimming Lessons

Ages 3-5 Years

### Level 1: Beginner

This class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age level. Children will build their confidence and become more comfortable in the water.

Tuesday (4-Weeks) 5:00-5:30 p.m.
Thursday (4-Weeks-NO THANKSGIVING) 5:00-5:30 p.m.
Saturday (4-Weeks) 11:00-11:30 a.m.

### Level 2: Advanced Beginner

This class teaches children to swim further distances and helps children master swimming without a float belt. Children will begin to develop coordinated strokes on front and back. Children will become more independent in the water and prepared for youth classes. Completion of Level 1 is required.

Tuesday (4-Weeks) 5:00-5:30 p.m.
Thursday (4-Weeks-NO THANKSGIVING) 5:30-6:00 p.m.
Saturday (4-Weeks) 11:00-11:30 a.m.



# Youth Swimming Lessons (NEW TIMES) Ages 6-12 Years

### Level 3: Intermediate Beginner

Class is designed for older children. Focuses on gaining confidence in the water, floating and gliding on the front and back, as well as the beginning of stroke development. No experience is necessary.

Tuesday (4-Weeks) 5:30-6:00 p.m. Saturday (4-Weeks) 11:00-11:30 a.m.

### Level 4: Advanced Intermediate

Children start to perfect the front crawl with rhythmic breathing and backstroke. They also start to build endurance and coordination in the water. Successful completion of Level 3 is required.

Tuesday (4-Weeks) 5:30-6:00 p.m. Saturday (4-Weeks) 10:30-11:00 a.m.

### Level 5: Advanced

Class is designed to help intermediate and advanced children work together. Class practices and reviews skills learned in Level 4 and helps students achieve the more advanced skills.

Saturday (4-Weeks) 10:30-11:00 a.m.

### Level 6: Swim & Skills Proficiency

Class is designed to help children work together. Class practices and reviews skills learned in earlier levels and helps students achieve the more advanced skills learned in Level 5.

Saturday (4-Weeks) 10:30-11:00 a.m.

Warren County YMCA - November (1-Month Mini-Session)

November 1 - November 31 Registration begins October 15, 2023

Call Us - (309) 734-3183

\*Scan the QR code to check pricing, or Register Online for Group Lessons

