



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Private/Semi-Private Lessons

Group swim lessons (up to 6 children) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons around a busy schedule, we can accommodate you. If interested, please call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis – Youth Development Director at [ben@warrencountymca.org](mailto:ben@warrencountymca.org) for additional info. Starting in 2023, swim lessons run in 2-Month Sessions.

**Monday-Thursday 3:00-6:00 p.m. (Depending on Instructor Availability)**

**Saturday 8:30-12:00 p.m. (Depending on Instructor Availability)**



## Preschool Swimming Lessons (NEW TIMES)

Ages 3-5 Years

### Level 1: Beginner

This class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age level. Children will build their confidence and become more comfortable in the water.

**Tuesday (Starting Sept. 12) 5:00-5:30 p.m. (New Time)**

**Thursday (Starting Sept. 14) 5:00-5:30 p.m. (New Time)**

**Saturday (Starting Sept. 16) 11:00-11:30 a.m.**



### Level 2: Advanced Beginner

This class teaches children to swim further distances and helps children master swimming without a float belt. Children will begin to develop coordinated strokes on front and back. Children will become more independent in the water and prepared for youth classes. Completion of Level 1 is required.

**Tuesday (Starting Sept. 12) 5:00-5:30 p.m. (New Time)**

**Thursday (Starting Sept. 14) 5:30-6:00 p.m. (New Time)**

**Saturday (Starting Sept. 16) 11:00-11:30 a.m.**



**Warren County YMCA – September-October Indoor Session (2-Months)**

**September 11 – October 31**

**Registration begins August 15, 2023**

**Call Us – (309) 734-3183**



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## Youth Swimming Lessons (NEW TIMES)

Ages 6-12 Years

### Level 3: Intermediate Beginner

Class is designed for older children. Focuses on gaining confidence in the water, floating and gliding on the front and back, as well as the beginning of stroke development. No experience is necessary.

Tuesday (Starting Sept. 12) 5:30-6:00 p.m. (New Time)

Saturday (Starting Sept. 16) 11:00-11:30 a.m.



### Level 4: Advanced Intermediate

Children start to perfect the front crawl with rhythmic breathing and backstroke. They also start to build endurance and coordination in the water. Successful completion of Level 3 is required.

Tuesday (Starting Sept. 12) 5:30-6:00 p.m. (New Time)

Saturday (Starting Sept. 16) 10:30-11:00 a.m.



### Level 5: Advanced

Class is designed to help intermediate and advanced children work together. Class practices and reviews skills learned in Level 4 and helps students achieve the more advanced skills.

Saturday (Starting Sept. 16) 10:30-11:00 a.m.



### Level 6: Swim & Skills Proficiency

Class is designed to help children work together. Class practices and reviews skills learned in earlier levels and helps students achieve the more advanced skills learned in Level 5.

Saturday (Starting Sept. 16) 10:30-11:00 a.m.



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