



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

WARREN COUNTY YMCA

June 1 - 30, 2023 - NO Afternoon or Evening Open Swims During the Summer

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	5:30-7:00am Adult Lap Swim	
7:00-7:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-8:45am Lap Swim / Exercise	7:00-7:45am Lap Swim / Exercise	
8:00-8:45am Deep Water Exercise		8:00-8:45am Deep Water Exercise		8:00-8:45am Deep Water Exercise	8:30-10:30pm Private Swim Lessons
9:00-9:45am Aqua Zumba®	9:00-9:45am Senior Water Aerobics	9:00-9:45am Aqua Fit	9:00-9:45am Senior Water Aerobics	9:00-9:45am Aqua Zumba®	8:30-11:30am Lap Swim / Exercise
10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	10:00-10:30am OPEN SWIM	
10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30am- 12:00pm POOL CLOSED	10:30-11:30am Group Swim Lessons
12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	12:00-2:00pm Lap Swim / Exercise	11:30-2:00pm POOL CLOSED
2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-3:00pm POOL CLOSED	2:00-6:30pm POOL CLOSED	
3:00-7:00pm Private/Semi- Private Lessons *Lap Lane Open for Lap Swim	3:00-7:00pm Private/Semi- Private Lessons *Lap Lane Open for Lap Swim	3:00-7:00pm Private/Semi- Private Lessons *Lap Lane Open for Lap Swim	3:00-7:00pm Private/Semi- Private Lessons *Lap Lane Open for Lap Swim		
NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER	NO AFTERNOON OR EVENING OPEN SWIM DURING THE SUMMER

*For Pool Time info, ask Tom Sparkman. For Aqua Fitness info, ask Staci Bass. For Swim Lesson info, ask Ben Davis

WARREN COUNTY YMCA

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