



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Private/Semi-Private Lessons

Group swim lessons (up to 6 children) are not for everyone. Whether your child learns better in a one-on-one environment or in a small group of 2-3 children (Private Lessons), or you prefer the convenience of planning their lessons around a busy schedule, we can accommodate you. If interested, please call us at 309-734-3183, stop by the Front Desk to inquire, or email Ben Davis – Youth Development Director at [ben@warrencountyyymca.org](mailto:ben@warrencountyyymca.org) for additional information. Starting in 2023, swim lessons run in 2-Month Sessions starting with January-February.

**Monday-Thursday 5:30-7:30 p.m. (Depending on Availability)**

**Saturday 8:30-12:00 p.m. (Depending on Availability)**

**\*Morning and early afternoon times are currently available during the week.**



### Preschool Swimming Lessons

Ages 3-5 Years

#### Level 1: Beginner

Class teaches children how to paddle on their front and back with a float belt, as well as other basic skills appropriate for this age level. Children will build their confidence and become more comfortable in the water.

**Tuesday or Thursday 6:00-6:30 p.m.**

**Saturday 11:00-11:30 a.m.**



#### Level 2: Advanced Beginner

Class teaches children to swim further distances and helps children master swimming without a float belt. Children will begin to develop coordinated strokes on front and back. Children will become more independent in the water and prepared for youth classes. Successful completion of Level 1 is required.

**Tuesday or Thursday 6:00-6:30 p.m.**

**Saturday 11:00-11:30 a.m.**



**Warren County YMCA - January-February Session (2-Month) \*NEW**

**January 2 -February 28, 2023**

**Registration begins December 15, 2022**

**Call Us – (309) 734-3183**



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## **Youth Swimming Lessons** **Ages 6-12 Years**

### **Level 3: Intermediate Beginner**

Class is designed for older children. Focuses on gaining confidence in the water, floating and gliding on the front and back, as well as the beginning of stroke development. No experience is necessary.

**Tuesday 6:30-7:00 p.m.**

**Saturday 11:00-11:30 a.m.**



### **Level 4: Advanced Intermediate**

Children start to perfect the front crawl with rhythmic breathing and backstroke. They also start to build endurance and coordination in the water. Successful completion of Level 3 is required.

**Tuesday 6:30-7:00 p.m.**

**Saturday 10:30-11:00 a.m.**



### **Level 5: Advanced**

Class is designed to help intermediate and advanced children work together. Class practices and reviews skills learned in Level 4 and helps students achieve the more advanced skills.

**Tuesday 6:30-7:00 p.m.**

**Saturday 10:30-11:00 a.m.**



### **Level 6: Swim & Skills Proficiency**

Class is designed to help children work together. Class practices and reviews skills learned in earlier levels and helps students achieve the more advanced skills learned in Level 5.

**Tuesday 6:30-7:00 p.m.**

**Saturday 10:30-11:00 a.m.**



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