



Gym Schedule - January 2 - January 31  
 Gym @ Warren County YMCA  
 January 2nd - January 31st

700 West Harlem Ave  
 Monmouth, IL 61462  
 3097343183

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Y-Walk</b> 5am - 6:30am	<b>Y-Walk</b> 5am - 9am	<b>Half Gym Pickleball/ Half Gym Y-Walk</b> 5am - 8:30am	<b>Y-Walk</b> 5am - 9am	<b>Y-Walk</b> 5am - 6:30am		
6am	<b>Pickleball</b> 6:30am - 8:30am				<b>Pickleball</b> 6:30am - 8:30am		
8am	<b>Open Gym</b> 8:30am - 11am		<b>Open Gym</b> 8:30am - 11am		<b>Open Gym</b> 8:30am - 11am	<b>Youth Basketball Leagues</b> 8am - 1:30pm	
9am		<b>Pickleball</b> 9am - 1pm		<b>Pickleball</b> 9am - 1pm			
11am	<b>Adult Basketball</b> 11am - 1pm		<b>Adult Basketball</b> 11am - 1pm		<b>Adult Basketball</b> 11am - 1pm		
1pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 8pm	<b>Open Gym</b> 1pm - 6:30pm	<b>Open Gym</b> 1:30pm - 4pm	
6pm				<b>Adult Volleyball League</b> 6:45pm - 8pm	<b>Special Olympics</b> 6:30pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.