



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

GROUP FITNESS CLASS SCHEDULE

Fall II SESSION

YOUTH GROUP FITNESS CLASSES

October 29 - December 15, 2018

| <u>TIME</u> | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> | <u>SATURDAY</u> |
|---------------------|---------------|---|---|-----------------|---------------|-----------------|
| 5:30-6:00 PM | | Youth Gymnastics (3-4 Years) (AP Room) | Youth Gymnastics (3-4 Years) (AP Room) | | | |
| 6:00-6:30 PM | | Youth Gymnastics (5-6 Years) (AP Room) | Youth Gymnastics (5-6 Years) (AP Room) | | | |





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YOUTH GROUP FITNESS CLASS DESCRIPTIONS:

YOUTH GYMNASTICS: Through the use of small scale gymnastics equipment, this class will help your child develop an early relationship with physical fitness, while learning basic gymnastic skills.

On **Wednesdays**, this class is a 6-week session for this session only starting on November 7th.

Member Fee: \$30 Non-Member Fee: \$45. **Instructor - Laurna**