



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

GROUP FITNESS CLASS SCHEDULE

WINTER I SESSION

YOUTH GROUP FITNESS CLASSES

January 2 - February 16, 2019

<u>TIME</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
5:30-6:00 PM		Youth Gymnastics (3-4 Years) (AP Room) 6-Weeks	Youth Gymnastics (3-4 Years) (AP Room)			
6:00-6:30 PM		Youth Gymnastics (5-6 Years) (AP Room) 6-Weeks	Youth Gymnastics (5-6 Years) (AP Room)			





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YOUTH GROUP FITNESS CLASS DESCRIPTIONS:

YOUTH GYMNASTICS: Through the use of small scale gymnastics equipment, this class will help your child develop an early relationship with physical fitness, while learning basic gymnastic skills.

On **Tuesdays**, this class is a 6-week session for this session only starting on January 8th.

Member Fee: \$40 Non-Member Fee: \$60. **Instructor - Laurna**